

UPWARD CHEERLEADING

2021-22 PRACTICE SCHEDULE

MONDAY



TUESDAY

6:30pm **B7** 3rd & 4th

DIAMONDS

Coach: Lori Bellflower
Asst. Coach: Veronica Spikes

6:00pm **B6** 1st & 2nd

SPIRIT

Asst. Coach: Stephani Tucker
Asst. Coach: Jenn Bohnstedt

6:00pm **B8** K4 & K5

BUTTERCUPS

Coach: Haley Spivey
Asst. Coach:

THURSDAY

6:00pm **B7** 1st & 2nd

BELLES

Asst. Coach: Janet Brown
Asst. Coach: Danielle Lynn
Brittany Noler

6:00pm **B6** K4 & K5

SPARKLES

Coach: Kacie Cook
Asst. Coach: Kelli Hayes