

## 2022 - 2023 Upward Basketball

Registration begins September 1<sup>st</sup>

### LEAGUES

Separate leagues for boys and girls are offered for K4 through 6<sup>th</sup> grade (7<sup>th</sup> grade for girls). Players must be 4 years old by September 1, 2022 to be eligible to play.

### EVALUATIONS

In order to create equal teams within our leagues, each player must be evaluated individually based on skill and speed. Through these evaluations, your family will be able to get a first hand glimpse of our facilities as well as learn much needed information about the upcoming season. The process includes *Registration/Check In; Parent Orientation; Uniform Sizing; and Individual Player Skill Stations*. All Upward Basketball Evaluations will be held at the SBC Family Life Center Gym. Everyone must attend one basketball evaluation.

Evaluation dates for each league are as follows:

- K4 – 1st Boys/Girls Monday October 17th, anytime between 6:00 – 7:30 PM
- 2<sup>nd</sup> – 4<sup>th</sup> Grade Boys/Girls Tuesday October 20th, anytime between 6:00 – 7:30 PM
- 5<sup>th</sup> – 6<sup>th</sup> Grade Boys/Girls Thursday October 22nd, time TBD.

### PRACTICES

Typically, our Upward Basketball league begins with three to four weeks of one-hour practices per week prior to games starting. With busy family schedules, this set up is ideal and we continue to hear that it works great for volunteers, participants and families. Practices will be held on Monday, Tuesday or Thursday and will begin the week of November 7th. Parents are afforded the opportunity to request one practice night exclusion for your child. We do our best to honor every request, but please understand due to the size of our league we are not able to honor every request.

### GAMES

Most games will be played on Saturdays with the first game being Saturday December 3<sup>rd</sup>. Teams and coaches work within a given parameter for substituting players in and out of the game. The substitution system provides every child the opportunity to be in the starting lineup, requires no child to sit out back-to-back segments, and allows every child to play at least half of the game.

### UNIFORMS

Every participant will receive a full uniform (jersey & shorts) and a league t-shirt.

## **AWARDS CELEBRATION**

As a culmination of our season, every player, parent, coach and fan is invited to end of the season celebration. Each player will receive an award for their outstanding performance during the season. This season's celebration will be on Tuesday February 7th.

## **REGISTRATION**

Registration begins September 1st. Early registration is \$85. After Oct 4<sup>th</sup>, late registration is \$100. Go to [www.secondfamily.tv](http://www.secondfamily.tv) to sign up.

We are looking forward to a great season and hope that your family will join us for the fun!