

# Upward Soccer

## LEAGUES

Separate leagues for boys and girls are offered for K5 through 9<sup>th</sup> grade. K4 league is coed. Players must be 4 years old by September 1<sup>st</sup> of the current school year to be eligible to play.

League play formats:	K4	4v4
	K5 - 1 <sup>st</sup>	5v5
	2 <sup>nd</sup> – 3 <sup>rd</sup>	6v6 (or more)
	4 <sup>th</sup> – 6 <sup>th</sup>	8v8 (or more)
	7 <sup>th</sup> – 9 <sup>th</sup>	8v8 (or more)

## REGISTRATION BEGINS MAY 1

For the 2023 season, all registration will be online at [www.secondfamily.tv](http://www.secondfamily.tv). Early registration fee is \$85 per player until June 15<sup>th</sup>, after June 15<sup>th</sup> the fee becomes \$100. Late registration (after July 5<sup>th</sup>) will be \$110. \*\*Leagues fill up fast so register early.

## EVALUATIONS & UNIFORM SIZING

In order to create equal teams within our leagues, each player must be evaluated individually based on skill and speed. Through these evaluations, your family will be able to get a first hand glimpse of our facilities as well as learn much needed information about the upcoming season. All Upward Soccer Evaluations will be coordinated by participants last name & held at SBC Victory Fields. You will be contacted with specific times for one of these days:

- Thursday July 13, 2023 6:00pm – 7:30 pm
- Friday July 14, 2023 6:00pm – 7:30 pm
- Saturday July 15, 2023 930am – 1100am

## PRACTICES

Typically our Upward Soccer league begins with three to four weeks of one hour practices per week prior to games starting. With busy family schedules, this set up is ideal and we continue to hear that it works great for volunteers, participants and families. Practices will be held on Monday, Tuesday or Thursday with a few Saturdays prior to games starting.

## GAMES

Most games will be played on Saturdays with a few exceptions of weeknight games. Teams and coaches work within a given parameter for substituting players in and out of the game. The substitution system provides every child the opportunity to be in the starting lineup, requires no child to sit out back-to-back segments, and allows every child to play at least half of the game.

## PLAYER'S KIT

Each player will receive a full uniform (jersey, shorts & socks). All players are required to supply their own shin guards & cleats.